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NEW TREATMENT
OF
NERVOUS AFFECTIONS





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BY

DR. GELINEAU,

SURGEON-MAJOR OF THE FRENCH NAVY, MEMBER OF THE
NATIONAL ACADEMY AND OF SEVERAL
SCIENTIFIC SOCIETIES.



JULES MOUSNIER

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NEW TREATMENT
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BY DR. GELINEAU,

*Surgeon-Major of the French Navy, Member
of the National Academy, and of Several
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HONORED CONFRERE:

Among the maladies which afflict humanity, none is more painful than those we find among the neuroses.

Some of them, such as the migraines, melancholia, hypochondria, etc., give rise to continual suffering. Others make their appearance only from time to time ; but are the despair of the families in which they occur, and make of the patient a veritable Pariah ; I refer to chorea, hysteria and epilepsy, which we justly call the great neuroses.

*Neuroses
Hysteria
or low spirits*

It is to an assured remedy for these maladies, Honored Confrere, that, I now invite your attention.

Yes! I present to you an arm whose efficacy has been proven by thousands of cures ; and of ameliorations which, practically, were of the nature of cures; and an arm employed in France, by a large majority of the medical profession. Make a simple trial of it in a *desperate case*, or a *hopeless and abandoned* case, and you will recognize its real superiority.

This treatment of the neuroses is essentially comprehended in the employment of the

DRAGÉES AND SIROP GELINEAU

These medicaments are not secret remedies. The DRAGÉES GELINEAU are composed of chemically pure bromide of potassium, an arsenical salt, and picrotoxine. The SIROP GELINEAU contains the same elements united to CHLORAL.

It is especially in the treatment of the *severest* and *most painful neuroses* that this medication is most useful.

In the present state of science, the DRAGÉES GELINEAU constitute the surest means of combating

EPILEPSY,

that frightful malady which is so often the despair of the physician.

These medicaments possess an admirable power of

action, and will succeed where all other medicines, or combinations of medicines, have failed.

They are very easily administered; but the physician should not forget to direct that they be taken, always, *at the middle of a repast*.

Children take them willingly; but sometimes it is best to dissolve them in a little sugar and water.

HOW THEY SHOULD BE EMPLOYED

If the patient has undergone no anterior treatment or medication, we begin with prescribing TWO DRAGÉES A DAY, one at the middle of breakfast, and the other at the middle of dinner, continuing thus during the first week of treatment.

During the second week, one dragée more should be given; that is to say, THREE A DAY, on Tuesday, Thursday and Saturday; one in the morning, and two in the evening. On Monday, Wednesday and Friday, the giving of TWO ONLY should be continued — one in the morning and one in the evening; all must be given in the middle of the repast.

During the third week, THREE DRAGEES a day should be administered. On each and every day of the week, one should be given in the middle of the morning repast, and two in the middle of the evening repast.

For the fourth week, four dragées a day should be given, on Tuesday, Thursday and Saturday, and three only, on the other days of the week.

On the fifth week give four a day for every day in the week.

The dragées must be continued thus — gradually augmenting in number — *until such a dose is reached as will prove sufficient to arrest the attacks*. This constitutes the “criterion” or “standard” dose. (*Dose critique*.)

This dose, which suspends the attacks, should be continued during *six months*; after which, in order to fully assure the effect, *an additional dragée* should be added for Thursdays and Sundays, and the whole continued for six additional months.

As long as the attacks continue the dose should be augmented. It is well also to counsel the patient to take a stomachic potion consisting of an infusion of calumba and bitter orange, and to prescribe, now and then, a little wine of gentian or wine of coca.

It is well also, to give some light purgative two or three times a month.

When, in order to arrest the evil, we are obliged to proceed to high doses, it is well to give these in four, five or six portions during the day. But they must always be administered during the progress of a meal.

When, while taking the criterion or standard dose, the patient continues free from attacks FOR ONE YEAR, the number of dragées may be diminished to the extent of one a day every month, leaving the doses for Thursdays and Sundays unchanged; these latter should be continued faithfully. But if the evil returns or if it menaces the patient, it will be necessary to return to the *dose critique* — *the patient's standard dose*; that is to say, the dose which originally sus-

pended the attacks; and this dose must not be diminished until another year has passed without attacks.

If the second year passes without attacks, the maximum or standard dose for the *third* year, need be taken but three times a week — Tuesdays, Thursdays and Sundays.

After *four years of complete calm* the patient may be considered as cured.

CHILDREN support the dragées very well. For them we commence with *one half of a dragée* a day, and augment the dose in the manner explained above.

Physicians will understand, of course, that the number of dragées necessary to arrest the disease, varies in individuals. For many patients, four to six will be found sufficient; for others, ten and even twelve will be found necessary; but the latter cases are in the minority.

HYGIENIC RECOMMENDATIONS

1. The repasts should not be too copious, indigestible and highly-seasoned dishes should be avoided, and pork prohibited. The patient should smoke but little.

2. White wine should be forbidden absolutely, as also gaseous drinks, coffee and liquors of all kinds. *A drinking epileptic will never get well.*

3. There should be no night-vigils, or undue emotion, and the daily life should be tranquil. There can be no amelioration possible while there is onanism or venereal excesses.

4. There should be no interruptions in treatment during the first year.

5. Bodily exercises, gymnastics, fencing and hydrotherapy are recommended.

6. The head should be kept cool and the feet warm.

CHOREA

CHOREA OR ST. VITUS'S DANCE, which is more particularly an affection of youth and of the feminine sex, is, in some cases, a serious malady. To effect a cure it is necessary to employ the DRAGÉES and the SIROP GELINEAU simultaneously. Three or four dragées taken with meals, and two or three tablespoonfuls of the syrup, between meals, will reestablish the disturbed equilibrium of the nervous system.

HYSTERIA

IN HYSTERIA there are two distinct periods for treatment.

1. *During the attack* : A truly marvellous method of SUPPRESSING AN ATTACK OF HYSTERIA INSTANTLY, however violent it may be, consists in injecting under the skin, one-half a syringe of the INJECTION ST.-ANDRÉ of the TRIBROMIDE OF ALLYL.

2. *After the attack* : A return of the seizure is prevented by the use of the *Dragées Gelineau* in doses of two or three a day with meals, and a tablespoonful of the *Sirop Gelineau* morning and evening. With the latter dose, it would be well to

prescribe one or two *capsulines St.-André* of the *tribromide of allyl*.

HYPOCHONDRIA. — MELANCHOLIA. — NEUROPATHY

In these days of feverish excitements, of intense activity, of contention for fortune or for glory; with our desire to live well, and to play a brilliant part in society, as also our thirst for honors; these, and the desillusions from which we suffer every day, united to emotions ceaselessly renewed, and a nervous system under a constant strain, over-balance the equilibrium of nature, and we too often fall into a condition of nervousness, of *hypochondria*, or of melancholia.

In women, these nervous disturbances are still more frequent, and we know that nervousness becomes much more strongly marked in them during the *period of menstruation*. All women at the *approach of the catamenial flow* and *during its duration*, suffer from nervousness. They become restless, excited or irritated, are unable to apply themselves to any one thing, come and go capriciously, find causes for despondency (which in reality do not exist at all), weep without adequate reason, lose their habitual sweetness of disposition, quarrel with their surroundings, and in fine, become disagreeable to their fathers, their mothers and their husbands. Peace departs from their home, and sometimes the nervous excitation leads its subjects into making unjust statements, or personal abuse.

Under these circumstances the DRAGÉES GELINEAU produce a marvellous effect. They should be administered in doses of *two* or *three* daily, in the *middle of the repasts*, commencing a day or two before the flux and continuing throughout its duration.

INSOMNIA

Persons who are fatigued by sustained intellectual labors, by the cares of business, worldly ambition, excess of work, or an over nervous organization; convalescents from exhausting diseases; melancholics and hypochondriacs who give themselves up to despondent ideas in which they picture themselves as being seized with a new or incurable disease every day, and, during the night can obtain neither repose nor sleep, are subject to it. This wakefulness soon becomes habitual, and greatly aggravates their sad condition. The opium which they use for this trouble gives rise to stupor and constipation, takes away the desire to eat and drink, enervates them and throws them into a state of insupportable torture. With the SIROP GELINEAU and two or three capsules of the ST.-ANDRÉ TRIBROMIDE, nothing of this kind is to be feared; the patient obtains a perfect sleep, with no after effects of malaise, distaste for nourishment, dullness of mind, or the tendency to somnolence always induced by the preparations of morphine.

The doses of the SIROP GELINEAU, against insomnia, are from two to four tablespoonfuls for an adult and

the same number of teaspoonfuls for children. At the same time two or three capsules of the ST.-ANDRÉ TRIBROMIDE OF ALLYL should be given.

For insomnia due to excessive local sufferings, such as those of *cancer, severe burns, colics, or nephretic pains*, three or four of the CAPSULINES ST.-ANDRÉ and a few spoonfuls of SIROP GELINEAU will easily effect a cure.

CÉPHALALGIA (*Migraine*)

The treatment of *Cephalalgia* comprehends :

1st. That of the attack itself; and, 2d, preventive treatment which will prevent its onset.

1. As soon as the initial symptoms of cephalalgia are felt, a tablespoonful of the SIROP GELINEAU should be administered every half hour, together with one CAPSULINE ST.-ANDRÉ which will generally be found sufficient to relieve the trouble. 2d. The preventive treatment consists in taking two or three dragées Gelineau a day, one in the middle of each repast; many inveterate cases of migraine have been cured in this way.

WHOOPING COUGH

Pertussis, which is really but a neurosis characterized by spasmodic attacks of coughing, is victoriously combated by the SIROP GELINEAU, which at once calms the paroxysms. The dose is from two to six teaspoonfuls a day, according to the age of the patient, and, if required, two to four CAPSULES ST.-ANDRÉ may be advantageously added.

OBSTINATE NEURALGIAS

When the neuralgias have become chronic, or, so to speak, perpetual, and are regarded by the patient as hopeless, we recommend the following treatment as being extremely efficacious:

1. Take two to four DRAGÉES GELINEAU daily, with meals.

2. Take two tablespoonfuls of SIROP GELINEAU — one night and morning — in an infusion of elm bark.

3. Take also, one or two CAPSULINES ST.-ANDRÉ in the evening and on going to bed.

4. Finally, make a hypodermic injection of half a syringeful of the INJECTION ST.-ANDRÉ, composed of the *tribomide of allyl*. This is much more efficacious than morphine, and it has not the stupefying and often disastrous effects of that medicament.

CONVULSIONS IN CHILDREN

CURED BY THE

SIROP ANTI-CONVULSIF GELINEAU

DOSE: From two to four teaspoonfuls a day,
according to the age of the child.

TO PHYSICIANS

We desire to call the attention of the members of the medical profession, to a new medicament, the TRIBROMIDE OF ALLYL, a certain and powerful anti-spasmodic.

We have already indicated its uses, in the form of capsulines (*Capsulines St-André*), against insomnia, hysteria, etc., and wish to say a few words concerning its uses as a sub-cutaneous injection.

The sub-cutaneous injections of allylic bromide, have, as a prominent characteristic, the power of suppressing *instantaneously* (by the use of a half syringe-ful only), all attacks of *grand hysteria* or hystero-epilepsy, however violent may be their form.

The use of allylic bromide is also extremely beneficial in attacks of *eclampsia*, *angina pectoris*, and *asthma*.

THE HYSTERICAL CONTRATURA, which affects the extremities in so painful a manner, and the muscular immobilization, which frequently continues for several days, give way at once to an entire syringe-ful of the medicament.

The sedative effect is the same for chorea, when the extremities are affected in this way.

In the *severe and hopeless pains* which accompany the ultimate period of the most relentless maladies, such as CANCER and other MALIGNANT TUMORS, this injection brings about a most surprising alleviation. The pains of the most violent neuralgias, and facial tic douloureux, also, are considerably assuaged by using the *Injection St.-André*.

In the terrible crises of locomotor ataxia also, this injection acts as a marvellous comforter.

In all conditions where sedation is requisite, or desirable, this new medicament is capable of replacing with great advantage :

1. INJECTIONS OF MORPHINE ; for morphine becomes at last a baleful poison by reason of the fact that as the system becomes accustomed to it, the prescriber is obliged to augment the doses daily in order to maintain the required effect. 2. INHALATIONS OF CHLOROFORM, as far as they are *calmative* measures ; because the sedative properties of the anæsthetics cease as soon as the anæsthetic effect is itself dissipated.

THE TRIBROMIDE OF ALLYL, in solution with oil and containing four drops per cubic centimeter of the active medicament, is sold under the name of the INJECTION ST.-ANDRÉ in small phials containing four cubic centimeters of the preparation.

The simple certainty of being able with this new medicine to suppress pain and, — at no disadvantage whatever — to save the patient from the baleful,

and too often fatal, enslavement of MORPHIOMANIA, should alone commend it to all physicians as one of the most valuable of medicaments.

E. FOUGERA & CO.,

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510, HORNSEY ROAD, LONDON.

Mr. MOUSNIER, 26, *rue Houdan*, à Sceaux (France) begs to inform the Medical profession that he will be pleased to send at the Doctors request free samples of Gelineau's dragées; so as to enable them to experience this valuable drug.

